AIM HIGH CHARITABLE TRUST

Annual Report 2024





AIM HIGH CHARITABLE TRUST



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Contents

01
02
03
04
05
10
11
13
17
18
20
22

Aim High Charitable Trust

People with disabilities are those who, due to physical or mental impairments, face significant and long-term challenges in carrying out everyday or social activities. In particular, individuals with intellectual disabilities often struggle to adapt to society because of limited communication abilities or distinctive behavioral patterns. The Aim High Charitable Trust was established out of empathy for the physical and emotional difficulties experienced by people with disabilities and their families, and out of a deep commitment to supporting both their present needs and future possibilities.

While our long-term vision is to help build a more inclusive, respectful, and peaceful society - one that guarantees the rights and freedoms of people with disabilities - our current, more immediate goal is to support individuals with disabilities in taking steps closer to society by offering increased opportunities and access to education. For many of our participants, the journey includes not only learning good habits, adapting to basic social norms, and practising simple tasks, but also learning how to play, enjoy, and find joy in daily life. That's why we're actively developing diverse activities and creating meaningful work opportunities that individuals with disabilities can engage in.

Seeing young volunteers speak freely and naturally with people with disabilities, offering help without hesitation—and witnessing volunteers of all ages and backgrounds coming together—continues to inspire us to dream bigger. In those moments, not only are our hearts touched, but we also feel that society as a whole becomes warmer and more compassionate. We hope that the spirit of love and kindness within your heart will find a home with the Aim High Charitable Trust, as we work together to build a more inclusive future for all.

Trust Milestones

September 8, 2020	Aim High Charitable Trust officially registered as a company
October 1, 2020	Registered with the Charities Services of New Zealand
January 9, 2021	Opening ceremony for the Education Centre St Luke's Church
January 3, 2021	Launch of the School Holiday Programme
February 1, 2022	Opening of Aim High Café 47 Pearn Place Northcote
October 1, 2023	Education Centre relocated 47 Pearn Place
December 12, 2024	Education Centre and Café moved 17 Pearn Place Northcote

Board

Trustee **OK KIM** | Trustee **Youngmi PARK** | Trustee **Joseph JUNG** Committee **Hanjeon KANG**



Mission • Vision • Core Values

Mission

Aim High supports individuals with disabilities to grow and thrive by nurturing their unique qualities and strengths - within the realities of their own conditions and limitations.

Rooted in the values of New Zealand society, which treasures both nature and people, Aim High provides disability services that are thoughtfully designed and truly essential for each individual.

We aim to empower people with disabilities not to remain passive recipients of care, but to become confident, contributing members of their communities, gaining a sense of purpose and achievement.



Vision

Aim High seeks to build a lifelong education system that empowers individuals with disabilities to live as active members of society. We are committed to fostering a joyful and inclusive community where differences are embraced, and people grow together. 'A place where people with disabilities, their families, and all who share in this journey come together with understanding, love, and care.' This is the vision we hold at Aim High.

Core Values

FAITH: A deep belief that individuals with disabilities can grow and flourish through loving attention and continuous education

HOPE: A heartfelt hope to provide meaningful alternatives and quality education that help individuals with disabilities more easily integrate into society

LOVE: A genuine love that respects individuals with disabilities as whole persons and walks alongside them in support and solidarity

5-Stage Growth Plan

- 1. Establishment of a Day Service Centre
- 2.Introduction of Day Service Programmes
- 3. Opening of a Non-Profit Social Enterprise Café
- 4.Implementation of Vocational Training
- 5. Establishment of a **Residential Home**

Message from the Board of Trustees

Youngmi PARK | Trustee

Hello, My name is Youngmi Park, and I am a trustee of Aim High Charitable Trust. Our organisation is based in Auckland NZ, and is dedicated to supporting people with disabilities to live confident and fulfilling lives.

The Aim High Education Centre serves as a nurturing place where individuals with disabilities can gain diverse experiences, education, and training. Our devoted teachers and volunteers work together tirelessly to help our students move toward a brighter and more hopeful future.

Alongside the education centre, we operate the Aim High Café, a non-profit social enterprise. This café was established with the hope of becoming a bridge for people with disabilities to connect and communicate with the wider world. We support our participants as they build confidence and form social relationships through their interactions within the café environment.

We are deeply grateful for the continuous love and support from our donors and volunteers. Your help and care positively impact many lives and empower us to nurture the potential of those we serve. Together, we can achieve greater change and nurture hope toward fulfilling dreams. Please join us on Aim High's inspiring journey. With your participation and compassion, we can create a better world. Thank you.

Message from the Committee

Hanjeon KANG | Commitee Member

Hello, My name is Hanjeon Kang, and I serve as a committee member of Aim High Charitable Trust. I joined Aim High with the hope that people with disabilities can have a broader range of life opportunities. In our expanded new space, I wanted to explore together what they feel, what they enjoy, and what they are capable of through various activities. I believed that if, through this process, we could come a step closer to their happiness, that alone would be a great joy. While I began this meaningful work with great enthusiasm, we have faced many practical challenges. Chronic financial pressures, heavy workloads caused by understaffing, and operational systems needing improvement have always been significant issues. Yet, despite these difficulties, Aim High has grown steadily thanks to the dedication of our staff and volunteers, and the generous support and encouragement from our donors.

Another great source of strength for us has been the progress and reactions of the people with disabilities themselves. Their small achievements and bright smiles have motivated us to keep moving forward and have become the driving force behind our efforts. Though there are still many areas to improve and mountains to climb, all of us at Aim High are determined to take another step forward. We kindly ask for your continued interest and support to help us realise the goals and plans we are preparing. Thank you very much.

2024 Financial Report

January 2024 - December 2024

Total Income \$537,684.66

Total	\$537,684.66
Bank Interest	\$133.72
Tax Refund	\$1,177.19
ECDF Fund	\$20,125.00
Cafe Sales	\$268,957.10
Education Fee	\$208,298.65
Donation	\$38,993.00
Donation	\$38,993.00

Liabilities \$82,400

Government Loan	\$29,000.00
Short-term Debt	\$53,400.00
Total	\$82,400.00

Total Expenses \$573,415.60

Staff Wage	\$277,761.41
Lease	\$68,617.09
Utilities	\$8,667.35
Operating Cost	\$12,877.88
Travel	\$7,750.17
Activity Fee	\$11,300.84
Centre Resource	\$5,722.57
Cafe Food / Supplies	\$111,985.62
Equipment Hire	\$1,946.64
Maintenance	\$7,107.13
Relocation	\$59,678.90
Total	\$573,415.60





2024 Highlights

February 11 | Northcote Lunar New Year Festival





The Aim High Trust participated in the Northcote Town Centre Lunar New Year Festival by hosting a Korean cultural booth. A Taekwondo demonstration was held on the stage in front of the library, while the outdoor café tables were transformed into a hands-on Korean culture zone, featuring activities such as hanbok paper folding, fan making, and balloon art. The café also offered special drinks made with Korean ingredients.

July 6 | Volunteer Night

In July, we hosted a Volunteer Night to thank our dedicated staff and volunteers. It was a warm gathering where we shared a heartfelt dinner with people who have supported and worked with us at the education centre and café. The evening featured not only food prepared by Aim High, but also many delicious homemade dishes generously brought by our supporters. We extend our sincere gratitude to all the staff, volunteers, and donors who share their time, hearts, and talents for the Aim High community.







Aim High Charitable Trust

July 13 | Kingdom Festival





Each year, the Aim High Trust participates in the Kingdom Festival to introduce our work and raise awareness about disability. This event is an opportunity to share with many young Christians that Aim High is an educational institution for people with disabilities and to promote greater understanding and acceptance. Last year, we ran a pop-up café at the festival, and this year we showcased educational materials focused on preventing various addictions often associated with disability. We also set up an interactive booth featuring Neuro Harmony, a brainwave monitoring and cognitive enhancement program used at our education centre, which drew significant interest from visitors.

August 19 | MOU Signing Ceremony with Gyeonggi-do Para Sports Association

Aim High Trust held a MOU signing ceremony with the Gyeonggi-do Para Sports Association during their visit to Auckland. Through this partnership, Aim High has taken a meaningful step toward contributing to the development of disability sports and the promotion of inclusive physical activity programmes in New Zealand.



August 31 | Korean Day Festival

At the 2024 Auckland Korean Day Festival, Aim High trust set up an informational booth to showcase Aim High's mission, education centre programmes, and vocational training initiatives at the Aim High Café.



September 4 | Annual Transition Expo

Aim High once again participated in Disability Connect Annual Transition Expo this year. The event provided a valuable opportunity for us to connect with families of individuals with disabilities and introduce the programmes offered at our centre.



Grants & Awards





Ethnic Communities Development Fund

We administer funds to support community development and social cohesion.

Ports of Auckland Sponsorship Programme

Aim High Charitable Trust was selected for the Ports of Auckland Sponsorship Programme and received a grant of \$2,000. Ports of Auckland, a company owned by the Auckland Council, manages the commercial logistics and shipping facilities of Auckland Harbour. We would like to express our sincere gratitude to Ms. Rosa Kim for recommending Aim High and making this support possible.

Hi-well Foundation Scholarship Award

At the 2024 Lunar New Year Seniors Celebration and Hi-Well Scholarship Ceremony, Aim High Charitable Trust was selected as one of four disability service organisations to receive a \$1,000 scholarship.

We are deeply grateful to the Hi-Well Foundation for recognising and encouraging the ongoing efforts of Aim High each year through their generous support.

Ethnic Communities Development Fund

Aim High Charitable Trust received a \$20,000 grant from the Ministry for Ethnic Communities. The Ethnic Communities Development Fund (ECDF) supports small organisations that contribute to the development and wellbeing of New Zealand's diverse ethnic communities.

Through the ECDF grant, Aim High has been able to stabilise staff employment and expand operational support for its education centre programmes.

We sincerely thank the Ministry for Ethnic Communities for selecting Aim High among many applicants and for their continued support.



Aim High Trust Relocation

17 Pearn Place Northcote Auckland













Thank You Message from the Chair

Ok KIM | Chair Trustee

Aim High Charitable Trust has successfully completed its move to a new location. This recent relocation was necessitated by a request from Auckland Council to vacate 47 Pearn Place for the development of a dedicated bus-only lane. Unfortunately, the move took place under significant financial pressure. Despite already facing challenges in sustaining our operations, we managed to relocate—thanks to the generous support and interest-free loans from many kind individuals. With your help, we have now settled into a more spacious education centre alongside a warm and welcoming café.

We are deeply grateful not only to those who offered financial assistance, but also to those who provided generous discounts, donated equipment, and helped with setup. Many volunteers gave their time and energy to support the move, and countless others uplifted us through their prayers and words of encouragement during this difficult transition.

At Aim High Trust, we remain committed to moving forward step by step with our students with disabilities. In this improved environment, we will work even harder to provide high quality education, training, and a nurturing space where our students can grow and thrive. From the bottom of our hearts, thank you to everyone who continues to care for and support Aim High Trust.

All

Relocation Cost Overview

August 2024 - March 2025

Relocation-related Loans and Income	Amount
Interest-free Loans form Committee members and parents	\$56,400
Donations from individual donors	\$17,300
Total	\$73,700

Relocation-related Expenses	Amount
Pluming	\$14,309.11
Kitchen Sinks and Cabinets Installation	\$14,686.30
Electrical Work	\$8,096.37
Plans and Designs	\$6,900.00
Painting	\$6,648.65
Fire Protection System	\$6,524.20
Consent Request and Approval Process	\$5,549.55
Ceiling Installation	\$3,660.40
Heat Pump and Coffee Machine Installaion	\$2,992.82
Construction Supplies	\$1,687.38
Interior Fit-out	\$1,217.91
Total	\$72,272.69

Aim High Education Centre

Aim High Education Centre is a specialised education facility established to help individuals with disabilities develop their unique characteristics and potential, and to support them in becoming confident members of society. The centre provides education not only for those with intellectual disabilities such as autism, but also for students who are not formally diagnosed but face challenges in mainstream schools.

The education centre offers a structured weekly programme for all ages with disabilities. We provide daycare for school-aged students, as well as day service for young adults and adults who have completed their schooling. For students requiring more intensive support, personalised one-on-one sessions are also available.

In the after-school hours, the centre runs the Slow Learner After School Programme designed for students who may attend mainstream schools but face difficulties due to developmental delays, learning disabilities, ADHD, or school maladjustment. Individual art lessons by a specialised art teacher and group physical activity classes led by a qualified Taekwondo instructor are also part of the curriculum.

During the four school holiday periods each year, Aim High runs inclusive holiday programmes open to individuals of all ages with disabilities. The programmes offer both indoor activities tailored to specific needs and fully supported outdoor activities, with one-on-one care available. Participants can choose the days and sessions that best suit them based on their age and level of support needed.

Student Roll

25 Adult Students 40 School-age Students

Teaching Team

Ok KIM | Youngmi PARK | Eunseon JEONG Saehee OH | Eunchang YANG | Sunmi LEE

<u>Admin Team</u>

Ollie KIM | Allie LIM



Centre Manager Ok KIM

- BA in Special Education | M. Ed in Special Education | NZ Diploma in Early Childhood Education and Care
- Work Expericce: Principal, Gomdoori Kindergarten for Children with Special Needs | Deputy Principal, Ewha Education Centre | Deputy Principal, St.
 Peter's Special School of Auckland | Support worker, CCS Disability Action | Teacher, The Korean School of Auckland

'Moving forward Step by Step'

Eunseon JEONG | Lead Teacher

Hello, my name is Eunseon Jeong, and I work at Aim High Education Centre. When I tell people that I care for students with intellectual disabilities, many say, "That must be a very tough job." Of course, it's not always easy, but I truly enjoy this work, and above all, the time I spend with our students is precious and meaningful to me.

Our students have truly pure hearts. When they are happy during activities, they smile right away, and if they dislike something, they honestly show it by frowning. These genuine expressions bring me great comfort and joy. Most of all, I feel the deepest sense of fulfillment when I see students accomplish things they couldn't do before. For example, when a student who used to refuse to wear shoes finally put them on and came into the centre by themselves; when a child who never clapped their hands did so for the first time; or when a student who always placed stickers in the same spot suddenly started putting them in different places-these small, simple changes move me deeply. Because of experiences like these, I have a growing desire to provide our students with a wider variety of activities and programmes. All the teachers at Aim High share this passion, constantly striving to offer new stimuli and diverse experiences to our students. I feel that it is the warmth and dedication of the teachers that allow Aim High to grow step by step. Thanks also to the many supporters who encourage and back us, we have been able to provide even more professional and enriching programmes. These include music therapy classes that promote emotional stability and stimulation, sensory integration classes led by an occupational therapist, and physical activity classes taught by a 7th Dan Taekwondo master - all vital activities for our students. Additionally, during school holidays, we offer various programmes that provide new experiences students don't usually get to have. As Aim High's programmes have become better known, the number of students wanting to participate has grown significantly compared to a year ago. Although progress may be slow, Aim High and our students are definitely moving forward. Our curriculum has expanded, and our operational systems are gradually taking shape. The road ahead is still long, but just like our students who keep moving forward without stopping, I will continue steadily alongside them.







Messages from Our Parents

Bona CHUNG

Hello, My name is Bona Chung and I am the mother of Solomon, a 25-year-old young man with a disability. First of all, I would like to express my deep gratitude to Aim High. After Solomon graduated from a special school at age 21, we struggled with not having a clear path forward. But meeting Aim High gave us new hope. Aim High is not simply a care facility; it is a precious place that offers diverse education and experiences to help people with disabilities become independent.

At Aim High, Solomon has been learning practical life skills through daily living training and gaining new experiences in the community. He goes shopping at the market, borrows books from the library and enjoys reading, and visits museums with friends to enrich his cultural awareness. He also works at the café, helping with cleaning and organising cups and dishes, which allows him to experience the value of living and working alongside others in society. Additionally, activities like rock climbing and swimming have helped him build confidence and broaden his view of the world.

These activities mean much more than just education to Solomon. Thanks to Aim High, he is learning how to communicate with the world and live as a contributing member of society - not merely someone to be cared for. Without Aim High, these opportunities would have been very difficult to come by. For families like ours, Aim High is not just an institution; it is a vital place that supports our children to grow into independent members of society through new experiences. I sincerely hope that Aim High continues to operate stably and become a source of hope for many more people with disabilities and their families. The mission of Aim High - to help people with disabilities live independently and fully participate in society - is invaluable. Thank you for your dedication to helping young people like Solomon dream of a better future. I wish Aim High continued growth and success. Thank you.

Ayub PARWAIZ

My son Ahad has been at Aim High for past two and half years. He joined Aim High straight after he finished his school and this has been the decision we made for him. Ahad has improved immensely since he started at Aim High and this is all because of the support he received from everyone at the center. We are very happy with the service and the help that he receives and there are not enough words to express our gratitude for it. Ahad looks forward to coming to the center and he enjoys his time over there. We can see that from all the photos that we receive every week showing the activities he does at the center.

We are so blessed that we found Aim High for Ahad where he has grown into a mature person. At the same time all the support people at the center are so helpful to accommodate him over there. We have recommended Aim High to almost everyone we know, and I hope that the center continues to grow over the years to come. Thank you.

Education Centre Programmes

Day Service for Adults with Disabilities Monday to Friday | 10 am - 5 pm

Programmes are available by day and time, and you may choose your preferred schedule after a consultation. Each session requires a minimum of 2 hours, with care available until 6:00 pm. Activities include music therapy, art, swimming, basic physical exercise, cooking, visits to museums and art galleries, vocational training and more.

Daycare for School-ages with Disabilities Monday to Friday | 10 am - 5 pm

Programmes are available by day and time, and you may choose your preferred schedule after a consultation. Each session requires a minimum of 2 hours, with care available until 6:00 pm. Casual bookings are available on special days such as Teacher-Only Days or other days as needed.

Saturday Programme for All Ages with Disabilities Every Saturday | 10 am - 3 pm

You can choose from the morning session (10 am - 12 pm), the afternoon session (1 pm - 3 pm), or a full-day option (10 am - 3 pm). The programme includes music, art, and physical activity sessions. Registration is done on a monthly basis.

- 0	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Morning	Half-day trip	Cooking Vocational training	Music therapy Basketball	Arts n Crafts Sensory therapy	Shopping Vocational training	Exercise Crafts / Board games
Afternoon	Arts n Crafts Literacy	Swimming lesson	Baking Vocational training	Walking Vocational training	Swimming lesson	Music Walking
Morning	Half-day trip	Cooking Vocational training	Music therapy Basketball	Arts n Crafts Sensory therapy	Shopping Vocational training	Exercise Crafts / Board games
Afternoon	Arts n Crafts Literacy	Swimming lesson	Baking Vocational training	Walking Vocational training	Swimming lesson	Music Walking
Morning	Half-day trip	Cooking Vocational training	Music therapy Basketball	Arts n Crafts Sensory therapy	Shopping Vocational training	Exercise Crafts / Board games
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Morning	Half-day trip	Cooking Vocational training	Music therapy Basketball	Arts n Crafts Sensory therapy	Shopping Vocational training	Exercise Crafts / Board games
Afternoon	Arts n Crafts Literacy	Swimming lesson	Baking Vocational training	Walking Vocational training	Swimming lesson	Music Walking

Aim High Charitable Trust

After-school Programme for Slow Learners Every Saturday | 3 am - 5 pm

The programme is designed for students in mainstream schools who face challenges such as developmental delays, learning disabilities, ADHD, or difficulties adjusting to school life. It includes sensory training, brain development activities, and support in reading, writing, and math.

Inclusive Group PE for Children Every Tuesday & Thursday | 4 pm

The session is led by a 7th-dan Taekwondo master and runs for 30 minutes. It includes physical activities such as stretching, ball throwing, Taekwondo, and obstacle courses. Parents are welcome to participate alongside their children.

Personalised Session Monday to Friday | 10 am - 5 pm

This programme is open to all age groups, with sessions ranging from 30 minutes to 1 hour. A special education teacher tailors each class to suit the student's individual needs and age. Activities include cognitive development, language therapy, sensory play, music and more.

Individual Art Lesson Monday to Friday | 10 am - 5 pm

This programme is open to all age groups and offers 1-hour sessions. An art instructor provides individualised instruction in drawing and coloring based on each student's skill level. Students also have the opportunity to participate in art competitions and exhibitions for individuals with disabilities.









Aim High Charitable Trust







Holiday Programmes

Aim High Education Centre offers a Holiday Programme four times a year, open to individuals of all ages with intellectual disabilities. The programme is designed to provide a rich variety of both indoor and outdoor activities, supporting social, emotional, and physical development through fun and meaningful experiences.

Indoor Activities Participants can engage in diverse classes such as music, art, and physical education, tailored to each person's age and individual needs. Outdoor field trips provide participants with opportunities to explore new environments and experiences that are not easily accessible in daily life. These excursions run from 10:00 AM to 3:00 PM and are structured to offer interactive and hands-on learning. All outdoor activities are led by the Aim High teaching staff and supported by volunteers who serve as caregivers, offering 1:1 support to ensure each participant's safety, comfort, and full engagement.

This programme aims to create a safe, stimulating, and inclusive space where participants can explore new interests, build social skills, and grow in confidence.













'Expressing the Inner Self through Music Therapy'

Chaelin KIM | Music Therapist

Since May 2024, I have been offering music therapy sessions to the students at Aim High. My name is Chaelin Kim, and I am a music therapist. Music therapy uses music as a therapeutic tool to support the mental, emotional, social, and physical well-being of individuals.

Unlike traditional music education, Aim High's music therapy sessions focus on creating a safe and welcoming environment where students can express themselves in various ways. It provides a space where inner emotions, which may be difficult to articulate through language, can be communicated through sound and movement.

Through these sessions, our Aim High friends have learned to listen to each other's sounds, take turns playing the drums with peers and teachers, and build important social skills. We've explored creative expression through movement activities—becoming falling leaves or fluttering butterflies—using scarves and ribbons while listening to music.

It has been incredibly rewarding to witness students grow through music. One student who often felt anxious became visibly calmer and engaged in eye contact and interaction with the teacher during class. Another sang joyfully with a big smile, while one student even performed beautifully on handbells using sheet music—all without assistance.

This year, we were especially fortunate to receive support from the Lindgren Fund of Music Therapy NZ, which allowed us to continue our sessions and receive a donation of percussion instruments that the students now use during class. I hope that Aim High students will continue to find confidence and joy through musical achievements, build stronger social connections, and eventually share the joy of music with others through performances and concerts.

I'd like to extend my heartfelt thanks to Director Ok Kim, for always welcoming us with open arms, and to Eunseon, Minju, and our teaching assistants, whose dedication and love make every session possible. Thank you.









Aim High Cafe

www.instagram.com/cafe_aimhigh



Established in 2022, Aim High Café is a non-profit social enterprise dedicated to supporting the independence of people with disabilities. All proceeds and donations are managed by the Aim High Trust and are used for the operation of the café and education centre, as well as for vocational training for individuals with disabilities.

Aim High currently employs three staff members with disabilities, all of whom began as volunteers and transitioned into official staff roles after learning the café operations. As of December, seven of the café's regular volunteers are individuals with developmental disabilities, including autism spectrum disorder and Down syndrome. Through weekly café activities, they continue to build their skills and social abilities.

Within the local community, Aim High Café has become known as a space where individuals with disabilities can connect with society, feel welcome, and comfortably engage with their neighbours. It is also a place where members of the public can interact naturally and meaningfully with people with disabilities in a warm and inclusive environment.

We kindly ask for your help in spreading the word about Aim High Café and encouraging support workers from social service providors and residential homes to visit frequently with their clients. Our goal is for the café to be a safe and comfortable space where individuals with disabilities can enjoy morning tea or lunch while participating in a meaningful social activity.

We warmly invite support workers, residential house managers, special school teachers and teams from disability support services to visit us regularly. Our goal is for the café to become a comfortable, inclusive social hub for people with disabilities.

For your group's regular morning tea or lunch sessions at Aim High Café, we can reserve our large table. Just let us know your preferred day and time of visit, and we will prepare the food and drinks according to your group's or individual's needs in advance. Please book through our email at aimhighnz2020@gmail.com



'A Place Where We Learn from Each Other'

Eunice HEO | Cafe Staff

I had never worked alongside people with disabilities before, but I began working at Aim High Café with the simple desire to contribute, even in a small way, to helping them. At first, I thought my role would be solely to support them. However, as time went on, I realised that I was learning far more from them than I was giving.

Working with colleagues who have disabilities has shown me how focused, responsible, and committed they are to doing their best. Over time, they gradually take on more tasks independently and learn new skills, growing in both confidence and ability. Witnessing the bright smiles on their faces as they gain confidence and develop is one of the most rewarding aspects of working here.

Through this experience, I've learned that everyone can reach their full potential when given the right environment and opportunities. We may work differently, but we all have our own strengths, and we can support each other and grow together. This café is not just a workplace - it's a space where diversity is respected and where everyone is welcomed and included. The most valuable lesson I've learned at Aim High Café is that we all have something to learn from one another. My perspective has widened through this experience, and I hope to continue contributing to building an inclusive environment where everyone is respected and able to grow together.







2024 Aim High Cafe Staff & Volunteers

Kevin KIM | Jiaea KIM | Hyungtag LEE | Eunice HEO | Ahjeong KOO | Leegi CHOI | Yelim TAK | Suhyun KIM | Minha CHO | Alicia LIU

Alex, Chloe, Danielle, Ethan, Felicia, Futaba, Ian, Jaewoo, Jeffrey, Jungmi, Kae Kayla, Kaylee, Kino, Lewis, Michaela, Michelle, Minji, Namhui, Nika, Renata, Selena, Stephanie, Sumin, Tina, Yoko, Youngae, Younsuk, Yuzuki, Wilson

'A Space for Growth, Connection, and Happiness'

Throughout my journey, I have always believed that growth comes from stepping out of my comfort zone and embracing new experiences. Working at Aim High Café has played a significant role in helping me enhance my skills, build meaningful relationships within the community, and ultimately find happiness in what I do. Aim High Café has been more than just a workplace for me—it has been a space for growth, connection, and happiness. I am grateful for the experiences it has given me, the skills I have developed, and the wonderful community I am now a part of. I look forward to continuing this journey and reaching even greater heights, both personally and professionally.

Kaylee MAYER | Cafe Volunteer



Volunteer Opportunity

For People with Disabilities

You can experience cafe work as a volunteer. The applicants or their caregivers choose days and times, and then they can join basic café work. The caregivers should stay with them and our cafe staff support our volunteers.

For Our Customers

You can donate your time or talent to help people with disabilities. Any help such as assisting FOH staff, sharing baking skills or donating goods all welcome.

How to Apply

Volunteer application forms are available at the cafe or on our website, www.aimhightrust.co.nz. For all enquiries, please email aimhighnz2020@gmail.com

Cafe Opening Hours

Monday to Friday: 8 am - 3 pm / Saturday and Sunday: 8 am - 4 pm

Vocational Training for People with Disabilities

Aim High Education Centre and Aim High Café are closely connected through a shared mission: providing vocational training opportunities for individuals with disabilities. Students at the centre and volunteers with disabilities at the café participate in various café-related tasks, helping them develop independence, self-efficacy, and most importantly, social skills necessary to live as contributing members of society.

Every aspect of café work is directly linked to independent living skills and personal habits: hygiene, food preparation, cooking and baking, grocery shopping, household planning, and money management. In addition, through café activities, they learn essential social abilities such as basic communication, problem-solving when plans do not go as expected, understanding others' emotions, and expressing their own feelings-skills they will need in everyday life.

Currently, several individuals with disabilities living in residential homes visit the café weekly with their caregivers to engage in cafe work experience. Students from the Aim High Centre also participate in various café tasks as part of their day service programme.

As Aim High Café becomes increasingly recognised as a place offering work experience and employment opportunities for individuals with disabilities, more people are applying to volunteer. To provide them with better training and preparation for the workforce, we need to hire professional trainers and develop a more structured vocational programme. This is only possible with the continued interest and support of our donors.

Your generous support helps cover not only the operational costs of running the café and centre, but also allows us to bring in special education experts, reduce financial barriers so more students can join our programmes, and collaborate with special schools to use the café as a supported workplace. We sincerely ask for your ongoing encouragement and support so that Aim High can continue to turn these meaningful plans into reality.







Our Neurodivergent Staff & Volunteers



Hyungtag



Jiaea



Kevin



Kaylee



Daniel



Lewis



Michaela



Ashley



Minji



Nika

The sight of our volunteers with disabilities growing each day, pushing beyond their limits and expanding the scope of what they can do independently, is the very reason Aim High exists. We sincerely thank and deeply appreciate your dedication and commitment, and we send our love to all of our neurodivergent staffs and volunteers.

2024 Donors

Thank you to our donors for your continued generous support

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