

Aim High Newsletter

Issue 16 : April 2023

Cover Story

The first staff with disability

I was interested in becoming a volunteer for this charity cafe because this cafe is run by a charitable trust for disabled people in the community. I was also interested in comparing the differences between this volunteer work and my previous work experiences in the past, as this volunteer work is eligible for any physically or mentally disabled people. I will be able to analyse multiple differences between my present work experiences and previous work experiences.

My work is usually the kind of labour like preparing coffee, drinks or other ingredients, being ready for any food or drinks and dishwashing and tidying up for closing hours, but I am not interested in other work and often want to work without any inconvenience.

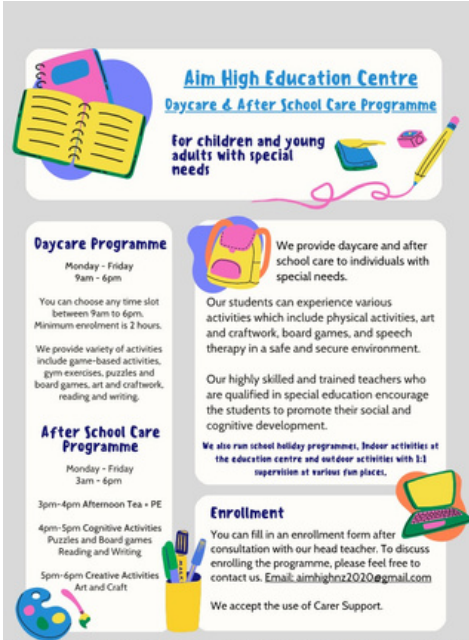
As everyone knows this charitable hospitality rarely exists in public so I admit that this hospitality is so special and I am grateful for the kindness of other workers, I often feel happy that I can talk about my current occupation to someone if they are interested in my occupation. I am also sure that this volunteer work could reduce some unnecessary prejudices about disabled or vulnerable people. / Kevin Kim

Education Centre Notice

Aim High Education Centre provides daycare and afterschool care to individuals with special needs.

Our students can experience various activities which include physical activities, art and craftwork, board games, and speech therapy in a safe and secure environment. Our highly skilled and trained teachers who are qualified in special education encourage the students to promote their social and cognitive development.

We also run school holiday programs. Indoor activities at the education centre and outdoor activities with 1:1 supervision at various fun places. To discuss enrolling the programme, please feel free to contact us. (Email : aimhighnz2020@gmail.com)



Aim High Education Centre
Daycare & After School Care Programme
For children and young adults with special needs

Daycare Programme
Monday - Friday
9am - 6pm

You can choose any time slot between 9am to 6pm. Minimum enrolment is 2 hours.

We provide variety of activities include game-based activities, gym exercises, puzzles and board games, art and craftwork, reading and writing.

After School Care Programme
Monday - Friday
3pm - 6pm

3pm-4pm Afternoon Tea + PE
4pm-5pm Cognitive Activities
Puzzles and Board games
Reading and Writing
5pm-6pm Creative Activities
Art and Craft

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Enrollment
You can fill in an enrollment form after consultation with our head teacher. To discuss enrolling the programme, please feel free to contact us. Email: aimhighnz2020@gmail.com

We accept the use of Carer Support.

Aim High Education Centre | 16-18 Greenlaid Crescent, Northcote (St Luke's Church) | www.aimhightrust.co.nz

Education Centre News

Aim High Education Centre Term 1 Holiday Program

AIM HIGH EDUCATION CENTRE
Term 1 Holiday Program
11th-21st April 2023

We are open for enrolments for the Term 1 Holiday program.
Enrolments open until 7th April.
Early arrivals and after hour care are available if discussed in advance.

Mon 10th April Easter Monday	Tue 11th April 10am-4pm	Wed 12th April 10am-3pm	Thu 13th April 10am-4pm	Fri 14th April 10am-3pm
(No Class)	Auckland Zoo	Art / PE / Dance Class	Tree Adventures	Art / PE / Dance Class
Mon 15th April 10am-3pm	Tue 16th April 10am-4pm	Wed 18th April 10am-3pm	Thu 20th April 10am-4pm	Fri 21st April 10am-3pm
Art / PE / Dance Class	Inline skating & Park Climbing	Art / PE / Dance Class	Rainbow's End	Art / PE / Dance Class

Please contact us for further details.
Location 16-20 Greenslade Crescent, Northcote
(at St Luke's Methodist Church)
Contact 021 137 8434
aimhighnz2020@gmail.com
Things to bring
Water bottle, Morning Tea, Lunch, Spare Clothing
(Please write the student's name on all the belongings)



Every school holiday Aim High Education Centre runs holiday programs for students with special needs. Indoor activities are on Mondays, Wednesdays and Fridays. Outdoor activities (field trips) are on Tuesdays and Thursdays.

During indoor activities, we provide variety of activities including game-based activities, gym exercises, puzzles and board games, art and craftwork, reading and writing. We also offer a fun baking class or a candle making class.

There are various educational materials in the centre so our students can learn and explore using them. At PE class our teachers encourage the students to join our jump jam and dance time.

From 11th April to 21st April in term 1 school holiday, 15 students and young adults participated Aim High Education Centre holiday programmes. Two new students joined our current students.

For field trips we visited fun places including Auckland Zoo, Tree Adventures, Rainbows End and Motat. Every school holidays College students and adult volunteers come help us to take care of our participants. Our students explore outdoor activities with 1:1 supervision.

Student Volunteer Report

Volunteering for School Holiday Programme

This was my first time helping here, so I was kind of worried that I wouldn't be able to look after the kid I was partnered up with. But it turned out to be not too difficult. I just needed to be patient and repeat things for them. It was kind of like babysitting a much younger kid, but doing fun activities with them instead of staying home. Helping them try new things but not forcing them.

Most of them didn't really talk much, but they were pretty sweet. Everyone else who were helping were nice too! It was nice to see them having fun, it made me want to come back and help again. Plus, I feel like I learned how to help them a bit too. / Bianca Park





Support Aim High

MAKE A DIFFERENCE FOR PEOPLE WITH DISABILITIES

Donation Account

ANZ 06-0323-0694123-00
AIM HIGH CHARITABLE TRUST

Our Donors

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BY Lee, HM Lee, KY Lee, JK Lee, M Lee, NY Lee, SJ Lee, CJ Lim, HK Lim, YO Lim, YS Lim, BD Min, BK Min, JE Moon, HJ Noh, Og Goo, CH Park, BH Park, BK Park, JE Park, SK Park, TK Park, Y Park, SG Rhie, WK Rhie, EH Ro, J Ryu, HS Shin, KR Shin, SJ Song, PH Song, JJ Yoo, MS Youn, YH Youn, YM Woo, YK Won

All the customer donors of Aim High Cafe and the parents of Aim High Education Centre



Aim High Education Centre and the café are run by volunteers and our profit goes to the trust for supporting people with disabilities. We are always in need of volunteers at the centre and the café.

You can help us with baking, cleaning, assisting holiday programmes or any help you can provide. Please let us know if you could volunteer for us.

Donation News

Aim High Charitable Trust has received a special donation from Hi-Well Foundation.

Aim High Trust greatly appreciate it and we will use the donation for supporting people with disabilities.



Goods Donation Request

We currently need a commercial oven, commercial fridges, cooking scales and a film projector. Please contact us if you are willing to donate.

021 034 6263

aimhighnz2020@gmail.com

Venue Hire Information

Our cafe premises are available to hire for meetings and parties. The area is very spacious and there are many tables and chairs. The venue hire fee is \$30 per hour and we charge for coffee, drinks, and food. Catering is available. Please let us know if you have any inquiries.

021 821 365

aimhighnz2020@gmail.com

Financial Report

WE NEED YOUR SUPPORT

From trustees

Aim High Centre at three years old, Aim High Cafe at two years old. The two are both growing up as they face various troubles along the way. We started from nothing and have made mistakes and struggled 24/7, but we are overcoming them each day with the help of close, loving neighbours. The education centre and cafe were opened in the hope that people with disabilities could spend time together in a happy and enjoyable manner. During this journey, we have met many good people and are grateful for many things we have received, but on the other hand, we are still in need of greater attention.

We went on boats, trees, buses, trains, and horses, hoping to enrich the lives of our disabled friends. In New Zealand, disability welfare is a cradle-to-grave policy, but it does not include 100% of the education, training, and care that people with disabilities need. The policy provides minimal support for people with disabilities, and Aim High was started to go beyond that and make each person's life more enjoyable and enriching. Step by step, we are planning and progressing with Trustee Donghyun Kim, Trustee Youngmi Park, and Operator Jung-ho. All the staff at the centre and the cafe are working hard and serving to keep Aim High at its best every day.

During my brief visit to South Korea earlier this year, I had the chance to visit several employment centres for people with disabilities. This was when I came to the realization that Aim High could not be a self-supporting organization. Successful employment centres in Korea had over 300 people with disabilities and over 100 non-disabled employees to operate while receiving sponsorship and volunteer help. The jobs of people with disabilities are less efficient and productive, and this is inevitable. Therefore, without sponsorship and help from people and the government, it is unlikely for the organization to succeed. In situations where support is assured, employment and a high quality of life for people with disabilities can be guaranteed.

We are aiming for at least 10 years from now. At the pace that is for us, for the disabled. The day will come when our sincere efforts will bear fruit. We are grateful to those who come from far away just to have coffee with us for the people of Aim High. Also, to those who make monthly donations and to those who stand by with a big smile while our people serve coffee as they dance to their excitement. Additionally, to those who give up their holidays to come and help us support the activities of the disabled, we show our greatest gratitude. Thank you, and we will constantly aim higher for our people.

Financial Report

Oct 1st 2022 - March 31st 2023

The donation is used for training people with disabilities, training materials, wages for employees with disabilities, and wages for employees who train the volunteers.

Ongoing support is needed to reduce education costs for people with disabilities and to provide stable wages when hiring employees.

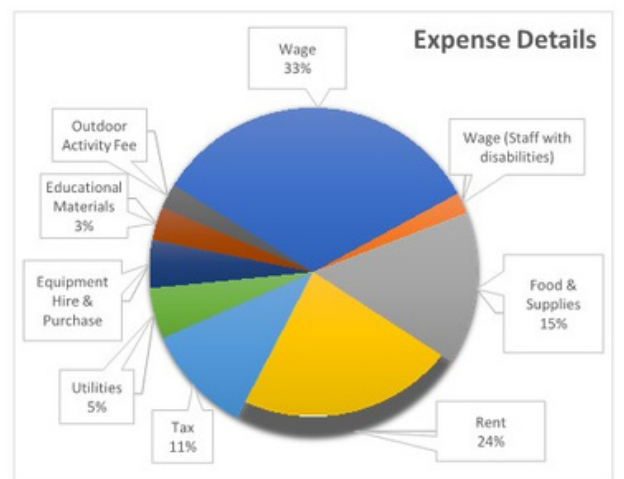
Please keep helping us with a lot of support and interest so that people with disabilities can work in a better work environment.

Income Total \$179,725

Cafe Income \$ 98,859 / Educational Donation \$57,508

Donation for the Trust \$17,628 / Loan \$5,730

Expense Total \$210,216



Our Sponsors

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THE KOREA POST

CLEAN AS A WHISTLE



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