

ANNUAL REPORT 2023



AIM HIGH CHARITABLE TRUST

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FOR PEOPLE WITH DISABILITIES

Aim High Charitable Trust aims to enhance the quality of life of people with disabilities in Auckland by providing education and training. At Aim High we hope that people with disabilities can develop skills to participate and engage meaningfully in the local community.

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AND NURTURE THE
POTENTIAL OF PEOPLE
WITH DISABILITIES



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AIM HIGH CHARITABLE TRUST

A disability refers to any condition in which individuals experience significant limitations in their daily life or social activities over an extended period due to physical or mental impairments.

Particularly, those with mental disabilities often struggle to adapt to society due to limited communication and challenging behaviours. Empathising with the physical and psychological difficulties faced by people with disabilities and their families, Aim High Charitable Trust was established to focus on the future of disabled individuals.

While the long-term goal is to create a healthier and more peaceful society by guaranteeing the rights and freedoms of people with disabilities, our immediate objective is to provide more opportunities and education.

We aim to make it easier for people with disabilities to integrate into society. This includes teaching them proper habits, adapting to social norms, learning, and practicing basic tasks, as well as offering opportunities for engagement. This is the ongoing mission we are committed to.

Seeing our young volunteers who interact with disabled individuals, engage in conversations without hesitation, and volunteer from diverse backgrounds and age groups inspires us to dream bigger.

aimhightrust.co.nz



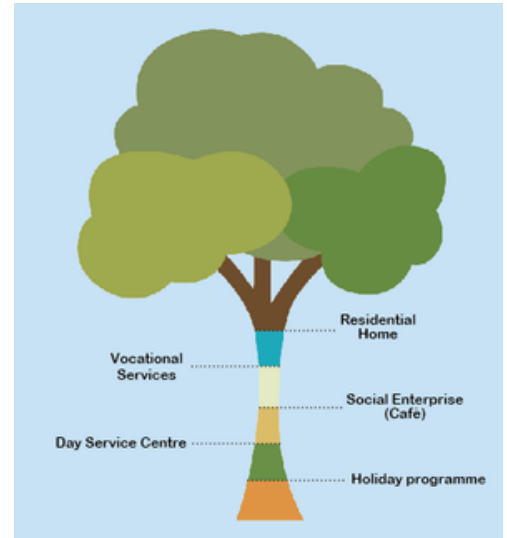
VISION

Although Aim High Trust is still small and weak, it is growing step by step through the operations of the education centre and cafe.

Despite the numerous difficulties we have experienced so far, we are taking each step with all our hearts, believing that it will be the foundation for Aim High Trust to grow into a richer tree.

We are a space where the disabled, their families, and all who share their hearts understand, love, and care for each other!

This is the vision of Aim High Trust.



Step 1. Establishment of Aim High Education Centre

Step 2. Starting daycare and day service programmes

Step 3. Opening a non-profit social enterprise café

Step 4. Starting vocational training programme

Step 5. Establishment of Aim High Residential Home

MISSION

A place to discover and nurture the potential of people with disabilities

- 01 We aim to develop the characteristics and qualities of people with disabilities.
- 02 We understand the appropriate services that disabled people need and provide programmes in a society that respects every person regardless of their limitations.
- 03 Rather than just caring for and looking after them, we hope people with disabilities strive to live with a sense of accomplishment as confident citizens.

CORE VALUES

FAITH

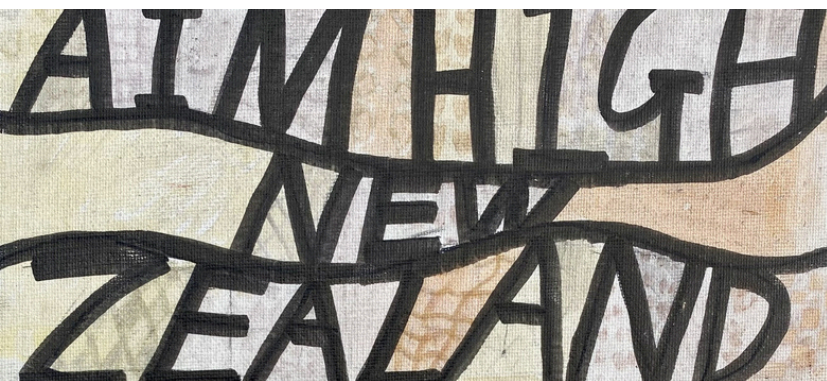
Belief that people with disabilities can develop and grow through affectionate interest and continuous education.

HOPE

A desire to provide more specific alternatives and quality education to make it easier for people with disabilities to be involved with society.

LOVE

Love to respect people with disabilities as a person, support their lives, and be with them.



CHAIR'S REPORT

OK KIM - CHAIR, TRUSTEE



'Wipe the table.'

'Be careful not to let the water flow.'

'Go serve tables instead of chatting.'

Minji, who works at a cafe while continuing to follow what the caregiver says, loves to come to the cafe, perhaps because of the waffles and ice cream she is promised to be allowed to eat after work. The person who works as Minji's caregiver said the following:

"I know because I've worked at a cafe before, but it must be a harder time running this difficult job for our friends with disabilities. But it's very rewarding. It's a great environment for disabled friends to learn of the real world." These words of support serve as an opportunity to turn over a new leaf.

I have been doing various activities such as art, music, cognitive classes, cooking, etc. with Minji, whom I met when I was 10 years old, and I have been doing more than 100 outdoor studies with her. Minji is good at reading and writing both Korean and English, but she has nowhere to work even though she is over 25 years old. She has low adaptability, so she has to learn little by little until she gets used to it, she needs a person to help her, and she has no place to be trained, as she is also someone who often screams.

The Aim High Cafe was established in the hope that autistic friends who people met at a young age would live as older members of a decent society, but they have had so much trouble starting without finances, manpower, and funds.

For over two years, I was able to survive with the valuable support, and dedication of the Trust and the Board of Trustees Committee, sacrifices, and service of many volunteers and staff. The education center, which has been holding out for four years, and the cafe, which is in its third year, are still struggling with financial and manpower shortages, but we are taking a step forward with the continued interest and aid from many people.

When I say, "Lewis, please serve the flat white," I sit down and then I jump up and watch Lewis move, and I think, "Yes, even if it's hard, this cafe should be operating."

We are opening the cafe and taking children to the education center even to this day, and we are thankful of Aim High for being able to hold out and maintain despite the economic recession that has shut down countless cafes.

AIM HIGH NEWS

AIM HIGH CAFE ON NORTHCOTE MEGAZINE

Aim High Cafe was featured on 'Everyday Northcote' magazine Issue 10 published by Northcote Development. The article includes the cafe manager OK KIM's interview with our cafe's vision and goals.

The newsletter is available on the Northcote Development Website. Here is the link to the newsletter.

<https://northcotedevelopment.co.nz/news/everyday-northcote-issue-10/>



"We make amazing scones, spicy pork panini, beef panini, chicken panini, chocolate croissants and sausage croissants ourselves, and sell them every day," says OK proudly.



FREE LIVE CONCERT FOR LOCAL COMMUNITY

Aim High Cafe hosts free live concerts for our community and friends with disabilities. Every season many talented musicians and students playing musical instruments give their time and talent for us. Our customers and local people can enjoy the cafe's beautiful coffee and food during the concerts. We inform concert news on our instagram/Facebook and putting posters at cafe. Looking forward to seeing you at the next concert.



SPECIAL DONATION

SPECIAL DONATIONS FROM HI-WELL FOUNDATION, KOREAN GOLF ASSOCIATION AND KOREA SPORTS COUNCIL NZ

Aim High Trust greatly appreciate special donations from our kind donors. In February, we received Hi-Well Foundation's donation and a certificate in recognition of exceptional dedication to the welfare of the disabled.

Just before we started summer holiday program Aim High could install air conditioners at the education and at the cafe with the donation of Korean Golf Association and Korea Sports Council NZ.

We could not finished our renovation without the kind donation of Korean Society president Phillip Hong and Minister Melissa Lee who donated raffle prizes for End of Year Korean Golf Tournament.

Thank you for all your support.



2023 TRANSITION EXPO

6TH SEPTEMBER 2023, AUCKLAND NETBALL CENTRE, ST JOHNS, AUCKLAND

AIM HIGH EDUCATION CENTRE FOR YOUNG PEOPLE WITH DIABILITIES

Aim High Charitable Trust joined the 2023 Annual Transition Expo held by Disability Connect on Wednesday 6th September. We displayed our brochures, education centre programmes, newsletters, and photos and a lot of people showed their interest.

Transition Expo 2023 supported young people with a disability in their efforts to find and secure meaningful opportunities in 2024 and beyond.

It was a great opportunity to introduce our education centre to school leavers and their families and we met new families who wanted to participate our centre programmes.



Transition Providers Autism NZ CCS Disability Action - Auckland Geneva Healthcare Hohepa Auckland Real World Living Trust Spectrum Care Trust	Funding Hosts Access Community Health Auckland Care on Call - IF Host and HCS Enliven Presbyterian Support Northern Lifewise Homecare Services Maharaia in Charge NZ Community Living (HealthCare NZ) Vision West Community Trust	Government Ministry of Education Ministry of Social Development - WINZ Health & Disability Advocacy Service Tairāwhiti (HSC)	Vocational A Supported Life - (Kotuku Trust) Aim High Trust Ambury Park Riding Centre CCS Disability Action Creative Abilities Eastgate Community Trust Geneva Healthcare Hohepa Auckland Idea Services	Information Adult Guardianship Trust Auckland Disability Law Citizens Advocacy Auckland Disability Connect Driving Miss Daisy Electoral Commission Employment Trust Flying Kites INC Independent Living Service (ILS) KIWANZ - Kids with Arthritis NZ Mobility Assistance Dogs Trust Parent to Parent NZ Pet Vets Rotary District 9820 Youth Valia Trust Waterscape Services Limited Youthlaw Aotearoa	Activities Art for All Auckland Auckland Volleyball Manukau Disability Sport Auckland Better Days Britz Buddy Coability Trust Dance and Arts Therapy NZ Elevate Christian Disability Trust Glass Ceiling Arts Collective Interacting Outward bound Phab Association - Yes Disability Resource Centre, Read, Drive Recreation Spectrum Care Trust Supacopter New Zealand Youth Compass Dance Trust Mipura Studios	Employment & Small Business Aloha Enterprises APM Workcare ABB Accessible Trust Dress for Success Auckland Enable Homes Fishwood Designs Katie Sew Kyle and Co Oak Tree - Olapio Special school Olivers Doggie Treats Katie Sew	Activities Renee Dog Toys Silent Gifts The Generator The Lory Foundation Silent Gifts The Generator Geneva Healthcare Disability Employers Network Paullina Consulting Ltd Poly-Emp Employment Will and Able	Chill out! Auckland Libraries Auckland Transport DiPOD Mobility Assistance Dogs Trust Pet Vets WS Medical - Sensory Chair
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disability
connect.



2023 KINGDOM FESTIVAL

8TH JULY 2023, HANOURI CHURCH, GLENFIELD, AUCKLAND

PROMOTION TO KOREAN CHURCH COMMUNITIES

Aim High Charitable Trust participated in the 2023 Kingdom Festival which is a 3 day worship programme for Christian youths.

We opened a cafe to sell coffee and food for the festival visitors and displayed a question board for the stamp collection event.

The visitors got a chance to understand the difference between equity and equality in our societies.

People who were selected through a raw received Aim High Cafe vouchers. Thank you for our cafe staff and the church volunteers.



EQUATY VS EQUALILTY



AIM HIGH CAFE STALL

NEW EDUCATION CENTRE

EDUCATION CENTRE RELOCATION



47 PEARN PL. NORTHCOTE

Aim High Education Centre has moved to the back of Aim High Cafe in September 2023. Thank you to our donors who donated materials and kind volunteers for renovating the place. Also we would like to thank to St Luke's Church for allowing us to use the church hall as our education centre during last two years.

Aim High runs daycare, day service and IEP (Individualised education programme) for people with disabilities in this new place. For Tuesday group sessions and holiday indoor programme, we run our programme at Korean Community Hall nearby which is more spacious for big groups.



FINANCIAL REPORT

1 APRIL 2022 - 31 MARCH 2023

Total Revenue	\$387,596.52
Total Expense	\$387,872.04

Education Centre Donation	\$117,288.70
General Donation	\$46,978.00
Subsidy	\$36,477.00
Loan	\$1,452.00
Interest	\$34.34
Education Centre Income	\$202,230.04

Wage	\$88,049.37
Rent	\$36,220.00
Tax	\$23,960.67
Educational Material	\$19,250.69
Support Fee from the cafe	\$17,985.00
Activity Fee	\$8,236.74
Utility	\$3,400.52
Education Centre Expense	\$197,102.99

Sale	\$156,138.16
Support Fee from the Centre	\$19,985.00
Subsidy	\$7,528.00
Loan	\$1,700.00
Interest	\$15.32
Cafe Income	\$185,366.48

Food & Supplies	\$69,694.39
Wage	\$57,356.83
Rent	\$43,125.00
Equipment Hire / Purchase	\$10,845.43
Utility	\$9,747.40
Cafe Expense	\$190,769.05

AIM HIGH EDUCATION CENTRE

SPECIAL EDUCATION FOR PEOPLE WITH DISABILITIES

Aim High Education Centre is a disability support service provider in Northcote Auckland. We run daycare programme for school-age students and day service programme for adults. Our students with disabilities can experience various activities which include arts and crafts, music lessons, sports (swimming, Taekwondo, Jiu-jitsu, Aerobics), dance, essential reading and maths, sensory therapy and more.

Aim High's educational programme help people with disabilities to learn important basic knowledge and social skills for their daily life. Our teachers/social workers who are qualified in special education encourage the students to promote their social and cognitive development.

We also run school holiday programme for students with disabilities. Indoor activities at the education centre and outdoor activities with 1:1 supervision at many fun places.

EDUCATION CENTRE ROLL

Daycare students : 20

Day Service students : 15

STAFF

OK KIM (Head teacher)

Youngmi PARK

Sehee OH

Hyunjin HAN

Jungmi KIM

Eunseon JUNG

Jiyeong KIM

Dahyun LEE

VOLUNTEERS

Number of volunteers : 30



DAYCARE & DAY SERVICE PROGRAMME

PROGRAMME OUTLINE

- Personal Care: Personal hygiene habits, Toileting, Balanced diet and nutrition
- Physical Activity: Fine/Gross motor skills, Movement through play
- Essential Reading and Maths: Reading and writing, Counting, Money and time
- Leisure and Recreation: Learning Sports and dance, Visiting museum/gallery/library
- Like Skills: Speech therapy, Communication skills
- Vocational Experience: Cooking and baking, Craftwork, Planting



PROGRAMME PREVIEW

AIM HIGH EDUCATION CENTRE DAY SERVICE PROGRAM / December 2023

Monday	Tuesday	Wednesday	Thursday	Friday
27 Nov	28 Nov	29 Nov	30 Nov	1 Dec
10-11 am Literacy 11-12 pm Cooking (Waffle) 12-1 pm Lunch 1-3 pm Board Game + Puzzle	10-11 am Literacy 11-12 am Bush/Beach walk 12-1 pm Lunch 1-3 pm Arts + Yoga (Group)	10-11 am Literacy 11-12 pm Shopping 12-1 pm Lunch 1-3 pm Baking (Muffin)	10-11 am Literacy 11-1:30 pm MOTAT + Lunch 1:30-3 pm Music	10-11 am Literacy 11-12:30 pm Art Gallery 12:30-1 pm Lunch 1-3 pm Inquiry* + PE
4 Dec	5 Dec	6 Dec	7 Dec	8 Dec
10-11 am Literacy 11-12 pm Cooking (Pizza) 12-1 pm Lunch 1-3 pm Board Game + Puzzle	10-11 am Literacy 11-12 pm Bush/Beach walk 12-1 pm Lunch 1-3 pm Arts + PE	10-11 am Literacy 11-12 pm Sensory program * 12-1 pm Lunch 1-3 pm Baking (Cookie)	10-11 am Literacy 11-1:30 pm MOTAT + Lunch 1:30-3 pm Music	10-11 am Literacy 11-12:30 pm Art Gallery 12:30-1 pm Lunch 1-3 pm Inquiry + PE
11 Dec	12 Dec	13 Dec	14 Dec	15 Dec
10-11 am Literacy 11-12 pm Candle making * 12-1 pm Lunch 1-3 pm Cooking (Mashed potato)	10-11 am Literacy 11-12 am Bush/Beach walk 12-1 pm Lunch 1-3 pm Arts + Yoga (Group)	10-11 am Literacy 11-12 pm Shopping 12-1 pm Lunch 1-3 pm Baking (Muffin)	10-11 am Literacy 11-1:30 pm MOTAT + Lunch 1:30-3 pm Music	10-11 am Literacy 11-12:30 pm Art Gallery 12:30-1 pm Lunch 1-3 pm Inquiry + PE
18 Dec	19 Dec	20 Dec	21 Dec	22 Dec
10-11 am Literacy 11-12 pm Candle making 12-1 pm Lunch 1-3 pm Cooking (Fairy bread)	10-11 am Literacy 11-12 pm Bush/Beach walk 12-1 pm Lunch 1-3 pm Arts + PE	10-11 am Literacy 11-12 pm Shopping 12-1 pm Lunch 1-3 pm Baking (Cookie)	10-11 am Literacy 11-1:30 pm MOTAT Visit + Lunch 1:30-3 pm Music	10-11 am Literacy 11-12:30 pm Art Gallery 12:30-1 pm Lunch 1-3 pm Inquiry + PE

IEP : INDIVIDUALISED EDUCATION PLAN

PROGRAMME OUTLINE

Students who need extra help and support can enrol for our special education services in the form of an individualised education programme (IEP).

- Speech Therapy : Vocalisation, Communication skills, Learning words and making sentences
- Cognitive Education : Conceptualising and measuring, Learning numbers / sizes / colours / shapes
- Sensory Therapy : Developing fine and motor skills, Stimulating the senses through sensory input
- Art and Music Class : Participating in artistic activities as part of expressive therapy, Listening to music
- Parenting Consultation : Effective communication, Learning support



HOLIDAY PROGRAMME

Aim High Education Centre run school holiday programme for students with disabilities. Young adults and adults with disabilities also can join the program. Indoor activities are run at the education centre and outdoor activities are field trips with 1:1 supervision at many fun places.

For indoor programmes on Mondays, Wednesdays, and Fridays, you can choose from the morning session (10 am – 12 pm), afternoon session (1 pm – 3 pm) or full-day programme (10 am – 3 pm). Outdoor programme runs from 10am to 4pm on Tuesdays and Thursdays.

INDOOR ACTIVITIES

Art and craftwork, Candle making, Cookie baking, Music and dance class, Sports, Reading and maths, Board games and puzzles, Learning communication skills



OUTDOOR ACTIVITIES

MOTAT, Auckland Zoo, Tree Adventures, Maritime Museum, Rainbow's End, Kiwi Valley, Rock climbing, Ice skating, Roller Skating, and more.



**Aim High Education Centre
Summer Holiday Programs**
8-12 January | 15-19 January | 22-26 January 2024

AIM HIGH EDUCATION CENTRE RUNS SUMMER HOLIDAY PROGRAMS FOR STUDENTS AND YOUNG ADULTS WITH DISABILITIES

Indoor activities: Monday, Wednesday, Friday
Morning session 10 am – 12 pm
Afternoon session 1 pm – 3 pm
Full day 10 am – 3 pm

Outdoor activities: Tuesday, Thursday
Field trip 10 am – 4 pm

Monday	Tuesday	Wednesday	Thursday	Friday
8 January	9 January	10 January	11 January	12 January
ARTS & DANCE	TAKE APARTS (SUNSHINE)	MUSIC & JAZZ/POP	MARITIME MUSEUM	VOGA & ARTS
15 January	16 January	17 January	18 January	19 January
ARTS & DANCE	KAYAKING (LAKE/SEA)	MUSIC & JAZZ/POP	KAYAKING'S END	VOGA & ARTS
22 Jan	23 Jan	24 Jan	25 Jan	26 Jan
ARTS & DANCE	SUMMER (FARM/SEA POOL)	MUSIC & JAZZ/POP	FARM TOUR	VOGA & ARTS

PLEASE FEEL FREE TO CONTACT US FOR FURTHER DETAILS
Email: aimhighnz2020@gmail.com
47 PEARA PL. WAIKATO (AT WAIKATO TRAIL CENTRE)



AIM HIGH CAFE



WORKING TOGETHER WITH PEOPLE WITH DISABILITIES

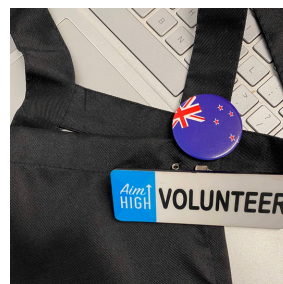
Aim High Café is a non-profit social enterprise that is run by the Aim High Charitable Trust.

We opened in February 2022 with many volunteers' help and now we have become one of the most popular cafés, loved by local people. All our profit goes to the Aim High Charitable Trust which offers educational and vocational programs to people with disabilities.

Many of our café staff are volunteers and even our paid staff work as volunteers for extra hours. Also, we train people with disabilities who wish to learn café work. One of our main staff, Kevin KIM, shows how people with disabilities get jobs and work professionally.

We offer great coffee and cabinet food for our customers. Our coffee bean supplier is Metro Top 10 café TOB Coffee at Albany and most of our food is proudly home baked. You can enjoy our fresh scones, pastries, apple pies, carrot cakes, quiches, sausage rolls, and slices every day.

We hope to serve our local community with our beautiful coffee and food, and become a bridge between the community and people with disabilities.



VOCATIONAL EDUCATION

FOR OUR STUDENTS AND CAFE VOLUNTEERS WITH DISABILITIES

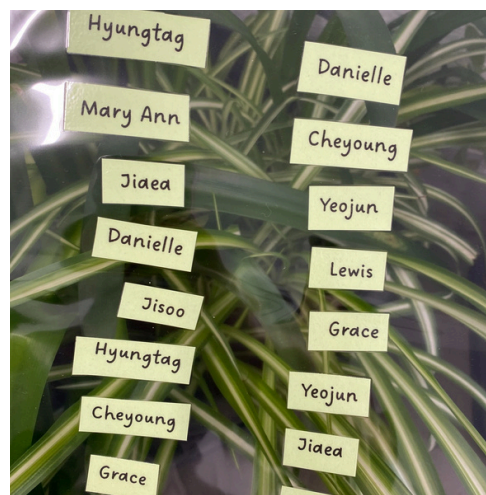
Aim High Education Centre and Aim High Cafe are combined with vocational education. Our students and cafe volunteers with disabilities can learn important skills to improve their independence and self-efficiency.

All the cafe work are related to daily living skills, such as personal hygiene, meal planning and preparation, cooking and baking, household management, time management, money management, and more.

More importantly they have opportunities to meet local people and talk to them for developing social skills. They can learn communication skills, understanding emotions and expressions, problem solving, dealing with various situations etc.

We are happy to see more volunteers with disabilities visit us and show their interest in cafe work. Our volunteers can choose their preferred days and times and their caregivers stay with them to support them with our café staff.

Our customers also can meet the education centre students doing café work as their daily vocational training programme.



OUR VOLUNTEERS WITH DISABILITIES

THANK YOU FOR YOUR HARD WORK AND DEDICATION



OUR PEOPLE

WORKING FOR PEOPLE WITH DISABILITIES

TRUSTEES

OK KIM | Youngmi PARK | Donghuyn KIM | Joseph JUNG

COMMITTEE

Hanjeon KANG | Jaerang KANG

EDUCATION CENTRE TEACHERS

OK KIM | Youngmi PARK | Hyunjin HAN | Sehee OH | Jungmi KIM | Dahyun LEE | Eunsun JUNG | Jiyeong KIM

CAFE STAFF

Kumsung KIM | Julie CHOI | Taesook SHIN | Dahyun LEE | Elly KANG | Limy Tag | Soohyun KIM | Moonyi KIM

ADMINISTRATOR

Jiyeong KIM

VOLUNTEERS

Grace | Hyungtag | Sien | Lewis | Chaeyoung | Chaea | Woojoo | Yeojun | Jiaea | Michelle | Tim | Danielle | MaryAnn | Hamish | Areum | Hayun | Yongjun | Yeji | Minji | Kaylee | Carmen | Minhyun | Jiyeon | Jisoo | Kuyu | Julian | Jamie | Bianca | Harry | Mubi | Kyungshim

COMMUNITY PARTNERSHIP

THANK YOU FOR YOUR SUPPORT TO AIM HIGH TRUST

hi well
Charitable Foundation

victory
CHURCH

JL Partners
Chartered Accountants & Business Advisers



RENEWCAR
HEADLIGHT PROFESSIONAL

THE KOREA POST

Eftpos
AK International Ltd
Eftpos Land

CL Law
BARRISTERS AND SOLICITORS

JSIGNS
SIGNS & GRAPHICS

Catchers
FURNITURE

GLOBAL LEAD LOGISTICS INTERNATIONAL LTD

CLEAN AS A WHISTLE



숯불고기야미가 **無等山**
Moo Deung San

친구 Friends
Korean Restaurant
하종호
Jimmy Ha | 河鍾鎬
Unit 18, 96 Rosedale Rd, Albany
T: 09 200 0779 M: 021 244 3830 E: 0117563805@hanmail.net